

1       **Student autonomy of feedback format in Higher Education and**  
2               **perceived functional behaviours for academic development**

3       **ABSTRACT**

4       In the current context of promoting active learning and raising student engagement within  
5       Higher Education, an increasing amount of research has looked at pedagogical-based design  
6       and factors that contribute to functional behaviours surrounding the interaction and use of  
7       academic assessment feedback. However, few studies have considered the perceived influence  
8       of student autonomy over feedback format and whether this promotes engagement and  
9       academic development. In this study we recruited level 5 and 6 students (N=38) on an  
10       undergraduate Education Programme (that has consistently implemented student feedback  
11       choice) to participate in initial self-reporting and subsequent focus groups ('soft triangulation').  
12       The findings revealed three core themes: [1] Personalisation – (a) *sense of*  
13       *autonomy/involvement*, (b) *engagement* and (c) *motivation*, [2] Clarity – (d) *depth and detail*,  
14       and [3] Areas for development. Overall, these findings suggest that feedback type – and the  
15       inherent option to choose – has a functional impact on academic engagement and development.  
16       We discuss these findings in relation to a sense of being valued that was associated with  
17       autonomy of choice, a divergence in how and when students engage with feedback, as well as  
18       the requirement for academic clarity and provision of formats that support academic  
19       development.

20       **Keywords:** Feedback; feedback choice; active learning; academic development; pedagogy;  
21       qualitative.

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23

24 **Abstract**

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26 Higher Education, an increasing amount of research has looked at pedagogical-based design  
27 and factors that contribute to functional behaviours surrounding the interaction and use of  
28 academic assessment feedback. However, few studies have considered the perceived influence  
29 of student autonomy over feedback format and whether this promotes engagement and  
30 academic development. In this study we recruited level 5 and 6 students (N=38) on an  
31 undergraduate Education Programme (that has consistently implemented student feedback  
32 choice) to participate in initial self-reporting and subsequent focus groups ('soft triangulation').  
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34 *autonomy/involvement*, (b) *engagement* and (c) *motivation*, [2] Clarity – (d) *depth and detail*,  
35 and [3] Areas for development. Overall, these findings suggest that feedback type – and the  
36 inherent option to choose – has a functional impact on academic engagement and development.  
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38 autonomy of choice, a divergence in how and when students engage with feedback, as well as  
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40 development.

41  
42 **Keywords:** Feedback; feedback choice; active learning; academic development; pedagogy;  
43 qualitative.

44

45 **Introduction**

46 It is commonly agreed that feedback for university assignments is crucial for students'  
47 academic development, yet the benefits of varied feedback formats is notably under researched  
48 (Fernandez-Toro & Furnborough 2014; King, 2015; Winstone, Nashb, Rowntreea & Menezesa  
49 2016). Existing literature has often identified key facets relating to assessment feedback,  
50 including [1] the level of clarification and detail in which to aid student understanding of  
51 feedback, and [2] the importance of a common understanding between tutor and student in  
52 regard to the nature and purpose of feedback. Literature in this area appears to be generally  
53 concerned with achieving the best outcomes for students. However, the common - and current  
54 - practice of digitised feedback has been criticised for its perceived distance and limited scope  
55 for clarification (Electronic Feedback Survey, 2010, as cited by Budge, 2011). Thus, this  
56 research centred on synthesising feedback-based projects to support the wider exploration of  
57 core elements that contribute to greater student engagement and academic development.  
58 Although focusing on a UK perspective, a brief acknowledgement of international approaches  
59 to feedback shows consistency with traditional formats that are potentially limited in satisfying  
60 or supporting students academically (Al-Bashir, Kabir & Rahman, 2016) suggesting a  
61 universal area for development within education. Indeed, with a move towards Personal  
62 Academic Tutoring across UK Higher Education Institutions (HEIs), a student's selection of a  
63 preferred feedback format may provide a more tailored, informative and autonomous review  
64 to support academic development. This was a central consideration of the research project,  
65 particularly in terms of affective feedback potentially relating to positive self-esteem and  
66 motivation.

67 The requirement for personalised feedback is key, particularly when considering Deci's  
68 (1980) Self-Determination Theory (SDT) which emphasises a student psychological need for  
69 relatedness in order to become intrinsically motivated and engaged. Deci and Ryan (2000)  
70 further posited that students should feel a degree of care and warmth from their tutor. However,  
71 with a number of HEIs adopting anonymised feedback – while intended to minimise implicit  
72 bias (Baird, 1998) – may also be regarded as counterproductive with regards to personalisation.  
73 Indeed, the process of anonymization has not been systematically explored, although survey  
74 data collected with UK undergraduate students (Pitt & Winstone, 2018) indicated that there  
75 was no significant difference in grades given for anonymous and named assessments. However,  
76 the results suggest that anonymous marking may undermine the learning potential of feedback

77 and minimise the strength of the relationship between lecturers and students (Pitt & Winstone,  
78 2018). Notwithstanding, the anonymous marking process has been theorised to protect the  
79 integrity of an academic and student relationship (Malouff, Emmerton & Schutte, 2013)  
80 although at a potential cost of personalisation. Thus, the clear disparity in findings – and  
81 generally limited evidence – necessitates further enquiry and was a peripheral focus of this  
82 research. At the time of writing, anonymous marking had been in position for a single semester.

83 Although based on online educational courses, a number of factors have been found to  
84 have associations with learner retention, including: [1] the extent of access learners have with  
85 the course academic, [2] course resources and peer interaction (Marks, Sibley, & Arbaugh,  
86 2005; Hew, 2016) and, crucially, [3] academic interaction (interpersonal skills) with learners  
87 (Hone & El Said, 2016). Grieve, Moffitt and Padgett (2019) believe that there is a perceived  
88 social distance between tutors and students that must be eliminated to encourage  
89 approachability and guidance seeking behaviours. Indeed, Skipper and Douglas (2015)  
90 acknowledged the potential impact of feedback upon learning, achievement and tutor-student  
91 relationships, with an overall association with academic outcomes – both positive and negative.  
92 Aligning with evidence in this area, the current research endeavoured to explore student  
93 perceptions of feedback and whether this supports academic development. A focal point of this  
94 project was to determine whether the practice of allowing feedback type choice of: [1] in-text  
95 comments, [2] a detailed feedback summary, [3] audio, or [4] tutorial based, throughout an  
96 undergraduate degree (Child & Youth Studies; BA) had supported academic development for  
97 level 5 (stage 2) and 6 (stage 3) students (UK HE third year) at UK university. The feedback  
98 offered addresses 6 core areas. Consistent with the availability of audio feedback on the course,  
99 Rawle, Thuna, Zhao and Kaler (2018) explored student perspectives of this format as an  
100 alternative to traditional written feedback. The study utilised qualitative methodology through  
101 open-ended surveys and interviews with 6 teaching assistants and 821 students in a Higher  
102 Education biology programme. The findings suggested that audio feedback was considerably  
103 more personal and had encouraged students to engage more with the feedback. Moreover,  
104 students were appreciative of the level of feedback offered through audio formats and was  
105 found to improve understanding. However, students alluded to occasional difficulty in  
106 identifying which section of the work the audio was referring to, leading to some confusion.  
107 To address this limitation, Cullen's (2011) empirical work had previously indicated that in-text  
108 written comments, alongside audio feedback are necessary to improve clarity and establish the  
109 intended interpretation. The choice of audio feedback for students on the Child and Youth

110 Studies (CYS) programme was explored in this research to further shed light on perceptions of  
111 this format. Similarly - although relating to written feedback - Sopina and McNeill (2015)  
112 found from surveys of 335 students on a Higher Education health course that more  
113 encouragement was reported when the feedback tone and language used by tutors was more  
114 positive. Consistent with this finding, the written feedback (and audio/face-to-face discussions)  
115 offered through the CYS course is constructive, supportive and emphasises strengths  
116 surrounding 6 main assessment criteria, regardless of the type of feedback chosen by the  
117 student.

118         Within feedback-based research, clarity has been identified as another core element that  
119 also increases satisfaction (Sopina & McNeill, 2015). Manning (2013) points to inadequate  
120 feedback (lack of clarity) as having an adverse effect on student well-being in terms of  
121 heightened levels of stress and reduced intrinsic motivation. Indeed, Al-Bashir et al., (2016)  
122 emphasise that when a student better understands their goals and expectations, a route of  
123 progression is more clearly identified. According to additional (and more recent) research in  
124 the area (e.g. Ajjawi and Boud, 2015; Dawson, Henderson, Mahoney, Phillips, Ryan, and  
125 Boud, 2019) clarity of feedback – and in the case of CYS, feedforward points – has been shown  
126 to motivate, increase learning and understanding, and encourage reflection in students – a key  
127 attribute in the process of continuous learning, growth and development. Building on the notion  
128 of learning and understanding, Green (2019) explored the perceptions of feedback - albeit with  
129 only a single international student studying in a UK HEI. Thus, although findings are subject  
130 to methodological limitations, Green concluded that feedback – in a general sense - is of little  
131 value if it is based on transmission; essentially, a one-way process and contradicts the  
132 movement towards active interaction. A lack of engagement with feedback – for various  
133 reasons - can impact subsequent attainment. Specifically, ineffective feedback (and  
134 communication of this) may induce pessimistic attitudes and contribute towards a lower self-  
135 efficacy (Zimmerman, 2000) that can lead to motivational and cognitive deficits (Kolacinski,  
136 2003). Self-Efficacy Theory relates to social cognitive theory (Bandura, 1986) and is based on  
137 the premise that individuals will more likely engage in activities if they believe they have the  
138 capability to complete them. Relating to this, individuals often consider the difficulty level of  
139 the task and evaluate their belief of succeeding. As self-efficacy can be an outcome-dependent  
140 factor in a wide-range of activities, it is therefore essential that feedback is meaningful and  
141 applicable for the students to encourage their development and engagements. This may require  
142 a diversion from traditional feedback formats and those considered most effective by

143 academics. This is again explored in this research in accordance with an approach adopted on  
144 a programme at a UK university. ‘Quality feedback’ can be regarded as multi-faceted, with  
145 interpersonal skills of tutors having a principal influence on the ‘student journey’ (Brodie &  
146 Jolly, 2012). Indeed, this facet of the academic skillset is more pronounced and vital in the  
147 current Personal Academic Tutoring process within UK HEIs, although more specifically, the  
148 tutorial-based feedback option offered on the CYS course allows a student to have meaningful  
149 discussions with the module tutor whom marked their work – contributing to clarity. Further  
150 supporting this approach, London (2015) and King (2015) both regarded feedback-based  
151 discussions as allowing for more clarity to be explored, as well as ensuring correct student  
152 interpretation. This aligns with the nature and purpose of feedback.

153         While the perception of feedback has substantially altered and developed with time,  
154 purposeful feedback and approaches to this has been susceptible to misunderstanding, both  
155 from educators and students (Dawson et al., 2019). Indeed, misalignment of educator/student  
156 perceptions of feedback can result in a less effective process (Orsmond & Merry 2011).  
157 Aligning with the CYS programme, Orsmond and Merry (2011) also suggest that scaffolding  
158 and variations in feedback styles that are tailored towards student preference have a greater  
159 impact on learning, and requires educators to exercise a set of skilful pedagogical skills to  
160 understand students’ understanding and ascertain their needs and readiness for appropriate  
161 feedback. However, Chi, Siler and Jeong (2004) previously cautioned against tutor dominance  
162 within the feedback process to prevent this becoming a logical process that simply follows  
163 curriculum guidelines. Adding to this, Green (2019) considers the limited effectiveness of  
164 written feedback and posits that audio and face-to-face tutorials enhance the effectiveness and  
165 measuring of engagement and understanding through dialogue that encourages information  
166 seeking behaviours – as opposed to a tutor directed conversation. However, this is dependent  
167 on student preferences. Indeed, evidence has also shown that students often show preference  
168 for the feedback style that they are accustomed – but is not necessarily the most ideal for them  
169 (Jones, Yeoman, Gaskell & Prendergast, 2017). Hence, the CYS programme provides students  
170 with all types of feedback initially, allowing a more informed choice for subsequent module  
171 feedback.

172  
173 In sum, research evidence indicates that a range of factors, including tutor personality,  
174 clarification, and mutual understanding of feedback all have significant impacts on student

175 engagement with the feedback process. Discouragingly, feedback has become a practice that  
176 many students do not engage with as intended, and often only seek to obtain their awarded  
177 grade with little concern for the advice offered to support their academic development (Carless  
178 2006). In light of this – and to explore perceptions of the CYS programme approach to  
179 assessment feedback - the research aimed to explore experience and feedback formats: [1]  
180 regarding student engagement with their chosen feedback style, and [2] whether there was a  
181 perceived impact on student approaches to subsequent assignments. The research objectives  
182 were: [1] to initially obtain insight through a short self-report questionnaire, [2] that  
183 subsequently informed and contributed towards focus group discussions.

184

### 185 **Research Question.**

186 Specifically, the research endeavoured to explore whether a choice of feedback type is  
187 regarded as valuable for subsequent learning and academic development.

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### 197 **Methods**

#### 198 **Design**

199 The research design was twofold: [1] a self-report quantitative measure (with open  
200 feedback sections) [2] that supported questioning across focus group. For this research, we

201 refer to Morse (1994) who considered qualitative research as the heart of important work, hence  
202 main student feedback was sought through this methodology.

203

### 204 **Analytic Design**

205 The core research findings were obtained through focus groups with level 5 and 6  
206 students whom elaborated on their undergraduate feedback experiences. Focus group data was  
207 analysed using Thematic Analysis (TA) and adhered to the guidelines of Braun and Clarke  
208 (2006). Thematic analysis was considered as favourable in light of additional analytic  
209 approaches, for example, Interpretative Phenomenological Analysis (IPA) as TA is useful for  
210 gaining initial insight and knowledge to form broader patterns for subsequent research and  
211 analysis (Smith and Osborn, 2003), aligning with the pilot study approach of this project in  
212 providing the foundations for subsequent in-depth inquiry. Similarly, While IPA may be used  
213 for later research in this area that considers participant insight at a much greater depth – as is  
214 considered preferable (Hefferon & Gli-Rodriguez, 2011) - this student supported research - in  
215 accordance with the principles of an Undergraduate Research Scholarship Scheme (URSS) -  
216 benefitted from a more small-scale and inductive exploration.

217 Thematic analysis allowed for exploration of the factors associated with student  
218 experiences of the CYS programme feedback approach, as well as considering perceptions of  
219 how these impacted academic development throughout an undergraduate degree. This enabled  
220 identification of pertinent themes in accordance with thematic analysis principles, and provided  
221 perceptions of how feedback has been utilised; what specific aspects have been supportive – as  
222 well as limited – and how the experience of the feedback approach has characterised and  
223 influenced academic behaviours and attitudes (Berg, 2004). The research employed an  
224 inductive approach by allowing the data to naturally inform, rather than imposing preconceived  
225 categories or frameworks (Moretti et al., 2011).

226

### 227 **Participants**

228 Undergraduate students (level 5 & 6) at a UK university took part in the research process.  
229 A convenience sample gave access to Child and Youth Studies (BA) students to complete the  
230 self-report questionnaire (n=38). Following collection and analysis of this data (frequencies)



231 focus groups were formed with level 5 (n=7; 6 females & 1 male) and level 6 students (n=8;  
232 female-based).

233

## 234 **Materials**

235 **Perceptions of Feedback and Impact Questionnaire (PFIQ).** The formulation of the  
236 PFIQ drew on literature and academic knowledge, undergoing a process of item redundancy  
237 with 4 academics within the Institute of Education at a UK university. However, this measure  
238 was not statistically validated (*See Discussion for limitations*). This measure consisted of items  
239 that considered feedback effectiveness, beneficence and personal engagement, for example, “*I*  
240 *find that feedback helps me to understand where I did not do well in assignments,*” using a  
241 Likert-scale response format (1 = completely disagree; 5 = completely agree). The PFIQ also  
242 included open ended opportunities.

243

244 **Focus Groups.** In addition to 7 standardised semi-structured questions that were  
245 framed around literature in the area, PFIQ responses were drawn on generally for additional  
246 questioning across the focus groups (level 5, n=7; level 6, n=8;) in accordance with ‘soft’  
247 methodological triangulation (Turner & Turner, 2009).

248

## 249 **Procedure**

250 Level 5 and 6 students that were available (due to lecture, placement and other  
251 commitments; convenience sampling) first completed the PFIQ. Following this, initial analysis  
252 was completed to ensure that feedback preference perspectives were captured in additional  
253 questions. Subsequently, focus groups were formulated through convenience sampling, and  
254 upon completion, data was transcribed and analysed in accordance with TA principles.

255

## 256 **Analysis**

257 The analysis process followed the 6 stipulated stages (Braun & Clarke, 2006) that lead  
258 to the findings of 3 core themes and associated sub-themes that captured the discussions in full.

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**Ethics**

The research was cleared through the university Research Ethics Committee and adhered to the British Psychological Society ethical guidelines.

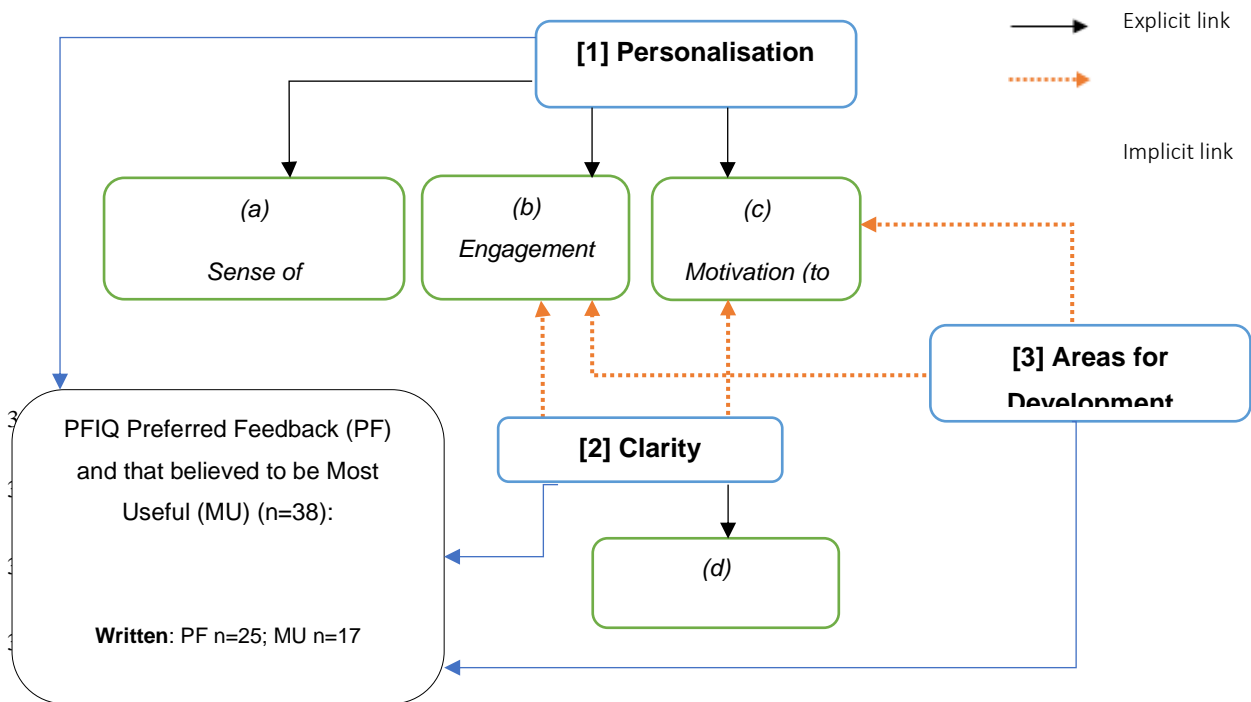
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**Results**

This analysis presents direct accounts of factors that final year undergraduate students (UK level 5 & 6) discussed as core feedback types/preferences and the impact of these. The open feedback was examined in relation to the thoughts and experiences of learners. Initial themes were extracted due to their importance and restructuring. In accordance with the inductive thematic concept that discourse generates knowledge, emerging codes deemed as important and significantly representing perceptions of feedback were categorised and developed until three main themes and associated subthemes were identified as capturing the discussions in their entirety: [1] Personalisation – (a) *sense of autonomy/involvement*, (b) *engagement* and (c) *motivation*, [2] Clarity – (d) *depth and detail*, and [3] Areas for development. This is represented in figure 1, as are frequencies from the Perceptions of Feedback and Impact Questionnaire, showing the feedback types students typically opted for, as well as those they

309 considered to be the most useful. The feedback options available to students ultimately relate  
 310 to the core themes and subthemes that emerged from the focus groups.

311  
 312 **Figure 1:** Thematic map of the core themes identified in discussions with level 5 and 6 students.



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 318  
 319 **Theme 1 - Personalisation – sense of autonomy/involvement, engagement and motivation:**

320 Personalisation was naturally identified as a pertinent theme as this was core to the  
 321 research discussion. However, as part of these conversations, students revealed how feedback  
 322 choice supports their engagement and motivation to work towards this feedback for subsequent  
 323 assessments – linking to their academic development - as well as highlighting the importance  
 324 of clarity of feedback. However, subsequent core themes of ‘Clarity’ and ‘Areas for  
 325 Development’ also - but more implicitly - linked to subthemes of (b) engagement and (c)  
 326 motivation (see figure 1).

327 The focus groups revealed that students generally perceived the CYS modules and  
 328 programme to be “tailored to needs” when given the opportunity to independently select  
 329 assessment feedback type. Interestingly, there was discussion surrounding a sense of being  
 330 “valued” by academics, which created a sense of belonging and closer working relationship

331 with the lecturers. Moreover, students indicated that choice contributed to their learning and  
332 development.

333

334 *“A choice of feedback makes us feel valued and closer to the academics” – P1 (lvl 6).*

335

336 *“Personalised feedback provides a more intimate view and allows you to feel more involved in  
337 the marking process” – P8 (lvl 6).*

338

339 *“It gives us some control over what we want and what works for us” – P3 (lvl 5).*

340

341 *“...Because we have the choice, we’re probably more involved than other students on other  
342 courses might be” – P6 (lvl 5).*

343

344 This – and the extracted discussions points - supports Grieve et al., (2019) who emphasise  
345 that distance between tutors and students can prevent students feeling comfortable to seek  
346 guidance and may result in poorer academic performance. In accordance with Deci’s (1980)  
347 Self-Determination Theory (SDT; a sense of relatedness increasing intrinsic motivation and  
348 engagement) students indicated that personalised feedback – in accordance with their freedom  
349 of choice - gave them a greater sense of being a part of the marking and feedback process.  
350 Inclusion and autonomy of choice is posited to minimise transmission-based feedback and  
351 increase the value of feedback (Green, 2019). A pertinent point raised – and more widely  
352 supported in discussions – centred on motivation induced by relevant and meaningful feedback  
353 that initially stems from personal preference.

354

355 *“A choice of feedback type gives makes me actually read the feedback and then try to improve”  
356 – P5 (lvl 5).*

357

358 While this aligns with Al-Bashir et al., (2016) who emphasised that when a student better  
359 understands their goals and expectations, a route of progression becomes more obvious, it also

360 gives further insight regarding interaction with feedback. This comment suggested that  
361 feedback – even if detailed and useful for academic development – may not be considered  
362 (read) by the student if they do not have a sense of ownership over this – which is seemingly  
363 what feedback choice promotes. When this was explored further, other students elaborated on  
364 this:

365

366 *“You’re more likely to engage with it [feedback] if it’s what you wanted” – P3 (lvl 5).*

367

368 *“...if you get audio and you didn’t ask for it and don’t like it, you just won’t listen to it” – P4*  
369 *(lvl 5).*

370

371 These comments further support the perspective that students may engage less with  
372 standard feedback approaches e.g. in-text comments across the board, and therefore, choice of  
373 feedback type seems to link with motivation to: [1] engage with the feedback, and [2] attempt  
374 to apply the feedback to support academic development. Although some students may only  
375 seek their grade with little concern for the offered advice (Carless, 2006), offering a choice of  
376 feedback is perhaps a method that increases engagement. All learners have different needs and  
377 preferences, and this was evident in some identifying in-text comments as their ideal feedback  
378 format due to the detail given and the intuitive nature of this format.

379

380 *“If it’s personalised, I engage with it and feel motivated to improve for next time” – P5 (lvl 5).*

381

382 *“In-text allows for precision and examples of rectified work” – P3 (lvl 5).*

383

384 Cullen (2011) previously indicated that in-text written comments alongside audio  
385 feedback are necessary to improve clarity and establish the intended interpretation. Whilst  
386 written feedback was the preferred format (figure 1) students believed that this should be in  
387 conjunction with a follow-up meeting for clarity and depth. This further serves to demonstrate  
388 the variation in student feedback type preference and supports this as a more widely adopted

389 approach to meet a diverse range of needs. Of particular interest was a discussion surrounding  
390 feedback choice as supporting independent identification of common areas for development –  
391 perhaps due to their increased engagement with this:

392  
393 *“When feedback is what you wanted, it helps identify common themes in your academic writing”*  
394 *– P1 (lvl 5).*

395  
396 Independent feedback choice – and providing a range of formats – allows a student to be  
397 more actively engaged in their learning and development, perhaps through creating a sense of  
398 ownership and responsibility.

399  
400 ***Theme 2 - Clarity:***

401 In accordance with existing feedback-based research, students discussed the importance  
402 of clarity and the impact of this on understanding and engagement. Al-Bashir et al., (2016)  
403 posited that there is increased understanding, goal, expectations and a route to progression  
404 when feedback is clear – which has also been shown to motivate and encourage reflection  
405 (Ajjawi and Boud, 2015; Dawson, et al., 2019).

406  
407 *“Elaborated feedback is very helpful. It’s helpful to have more of a clear explanation about*  
408 *specific improvements” – P6 (lvl 5).*

409  
410 *“If it [feedback] is detailed but makes sense, I know what I need to do for next time, and it means*  
411 *I can be quite confident in improving” – P6 (lvl 5).*

412  
413 As part of the CYS Programme marking – which continues to trial new approaches – a  
414 simple but seemingly well received amendment to feedback centred on introducing a marking  
415 approach that maintained focus on 6 key criteria, but additionally highlighted key examples  
416 and amended accordingly. A sample of the feedback communication provided to students is  
417 shown below:

418

419 *“Some key examples of your work have been picked out and amended in the ‘feedback summary’*  
420 *tab to show you how this could be improved as you move through your studies. Some other*  
421 *example points have been highlighted in yellow text and numbered according to the criteria they*  
422 *match, whereas areas of strength are highlighted in green text.’*

423

424 In response to this feedback approach, students discussed satisfaction, as it not only  
425 clearly demonstrates exemplar academic writing, but also shows areas of good practice and  
426 areas for development. Referring to previous comments surrounding the quality of feedback as  
427 being essential in determining whether students actually read and subsequently apply this,  
428 students indicated that this approach would support their development:

429

430 *“6 clear and consistent criteria help me to know specifically where to improve and focus my*  
431 *efforts” – P6 (lvl 3).*

432

433 *“Highlighting green and yellow makes it much clearer and obvious” – P2 (lvl 5).*

434

435 *“It’s nice to see clearly identified examples of what I’ve done well. It will be easier to go back to*  
436 *it” – P7 (lvl 5).*

437

438 Discussions with students also indicated that whilst written feedback in accordance with  
439 6 key academic criteria was beneficial for development, there was increased impact – and  
440 clarity - when feedback was followed by a face-to-face meeting, as this presumably promotes  
441 personalisation. In accordance with London (2015) and King (2015), feedback-based  
442 discussions can further contribute towards increased clarity. Notably, a combination of  
443 feedback was shown by the frequencies (n=11) to be considered as the most useful approach.  
444 This is an approach that, while implicitly supported by the PAT process following a marking  
445 period, could be encouraged and made more explicit. Indeed, a student felt that, “...a face to  
446 face meeting should be made mandatory.” This further aligns with Green’s (2019) more recent  
447 emphasis on two-way communication and dialogue as pivotal in student understanding of



448 academic work and areas for development. This was seemingly reinforced by some students in  
449 the focus groups:

450  
451 *“Written [feedback] is good because you can go back to it later on, but it isn’t in-depth enough”*  
452 *– P3 (lvl 6).*

453  
454 *“It [written feedback] does well, but it needs to be followed by a meeting for clarity” – P1*  
455 *{supported in level 5 discussions} (lvl 6).*

456  
457 Furthermore – and in support of Rawle et al., (2018) students suggested that audio  
458 feedback may sometimes be the only format that is simple to understand and refer back to,  
459 while others considered this to be a potentially beneficial format, although interestingly, felt  
460 that it should not be time limited (currently timed out at 3 minutes). Of further interest are the  
461 PFIQ based frequencies that show while students do opt for this format, overall, frequencies  
462 show that it was not considered to be the most useful type of feedback (figure 1).

463  
464 *“I have chosen audio before because I don’t understand the [written] feedback when I look at it*  
465 *at a later point” – P7 (lvl 5).*

466  
467 *“I don’t choose it [audio] because it tends to be quite fast and I need more time” – P2 (lvl 5).*

468  
469 As a final point to consider, a student stated that clarity was essential from their  
470 perspective as they did not consider or engage with feedback until nearer the next assessment  
471 period. Therefore, they required that feedback was clear to support their later engagement with  
472 this. Additionally, from an academic perspective, if feedback is clear, this will support their  
473 ability to more effectively refer back to this if asked to by the student. This short discussion  
474 was deemed important as it further reveals the varying feedback interaction approaches of  
475 students, and the importance of feedback that can be drawn on at any time, not just in the  
476 immediate post assessment period. Indeed, there are digital formats that may support storage

477 and amalgamation of feedback, although it remains that if not inherently detailed and clear,  
478 student engagement, motivation and development may be adversely impacted.

479

480 ***Theme 3 - Areas for development in marking:***

481 While students discussed strengths of the marking process adopted by the CYS  
482 programme, they also indicated further directions for development that could be adopted across  
483 programmes and HEIs. Students felt that they were not always entirely sure what to expect  
484 with regards to each feedback type, and thus felt that standardised directions – that aligns with  
485 anonymous marking procedures – could be provided for each assessment that allowed them to  
486 make a more informed decision with supporting examples. Crucially, frequencies indicate that  
487 personal preference does not necessarily equate to most useful and reaffirms that format choice  
488 may be based solely on routine, rather than beneficence (Jones et al., 2017) and necessitates  
489 support in making an informed decision.

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491 *“Examples of what the choices would be like in the marking before choosing – this could be on*  
492 *a standardised front cover provided for students for each assessment” – P1 (lvl 5).*

493

494 *“Yes [in response to P1] that would really help me because I can’t always remember what each*  
495 *format is like” P2 (lvl 5).*

496

497 Students also made clear that feedback has to have meaningful and actionable points,  
498 otherwise they felt that it would be of little relevance to them.

499

500 *“Feedback isn’t helpful when there isn’t much to understand” – P7 (lvl 6).*

501

502 *“Feedback is not written in a way to help me improve, for example ‘awkward phrasing’ – “I do*  
503 *not get how it’s awkward, so I just disregard it” – P8 (lvl 6).*

504

505           Whilst some students believe that anonymous marking was a progressive strategy and  
506 would eliminate potential bias within grading:

507  
508           *“I like the fact that I am just a number, it will disqualify potential bias” – P1 (lvl 6) {supported*  
509           *by P3, P6}.*

510  
511           Winstone (2018) previously found no difference in grades given, irrespective of  
512 personalised or anonymous assignments. With regard to anonymous marking, convergence was  
513 found across the year groups and was more favoured by level 5 students. Concerns were raised  
514 within open ended questions on PFIQ that anonymous feedback would impact student  
515 involvement in the marking process and potentially remove a degree of personalisation.  
516 However, further research surrounding this approach to marking and the impact on student  
517 engagement with feedback is required. Notwithstanding, our current findings indicate that this  
518 is a process that has little impact when choice of feedback is offered, and there is clarity and  
519 direction for academic development.

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532 **Discussion**

533 The current study explored student perspectives surrounding assessment feedback  
534 choice of a *non*-institutional wide approach and the broader implications of this. Crucially,  
535 discussions addressed criteria often outlined in previous research in terms of personalisation  
536 (Green, 2019; Grieve et al., 2019) and clarity (see e.g. Manning, 2013; Sopina & Mcneill, 2015)  
537 while students also indicated areas for subsequent improvement that focused on more detailed  
538 exemplars of each available feedback format. Specifically, discussions illuminated student  
539 behaviours and thought processes that may be determinants of academic engagement and  
540 attainment. Overall, these findings suggest that feedback type – and the inherent option to  
541 choose – has a functional impact on academic engagement and development. The data that we  
542 have presented lead to a number of important implications, not only for how academics  
543 approach the feedback process and the available provision, but also for the student experience  
544 and how this can influence engagement. These implications are now considered:

545

546 **Autonomy of feedback format.** Despite literature indicating several features  
547 surrounding feedback that may contribute to more functional academic behaviours, including  
548 interaction with and interpersonal skills of the academic (Hone & El Said, 2016), phrasing and  
549 terminology (Manning, 2013) and type of feedback e.g. written and audio (Cullen, 2011; Rawle  
550 et al., 2018), there has been limited emphasis on autonomous choice and the perceived impact  
551 of this. While Orsmond and Merry (2011) considered varied feedback styles and student  
552 preference, our findings centre on students accustomed to these embedded pedagogical  
553 approaches. Students felt that a choice of formats tailored the feedback process to their  
554 individual needs and lead to a sense of control and more functional behaviours that align with  
555 a movement towards active learning. Students also revealed a dynamic approach to utilising  
556 effective feedback in terms of how and when they refer back to this – with minimised options  
557 to use feedback if regarded as unsupportive of development. It seems effective feedback  
558 remains valuable beyond assessment periods and was a key requirement for some who  
559 discussed a preference towards engaging with feedback later into the subsequent semester.  
560 Equally, clarity of feedback reinforces academic ability to refer back to this – if requested by  
561 the student – post assessment period. Thus, we suggest that effective feedback can be regarded  
562 as live and active, and not merely to justify a current grade. As a caveat to this point, our  
563 findings support literature (see e.g. Carless, 2006) that suggests detailed feedback may be

564 disregarded if students do not sense a degree of ownership. Indeed, discussions gave some  
565 insight surrounding feedback engagement behaviours in terms of a process of first reading and  
566 then (deriving from this) acknowledging/applying this, which was framed around the initial  
567 autonomous choice of preferred format.

568

569 **Importance of feedback clarity.** A comprehensible route for academic development  
570 was deliberated by students, and clarity of feedback (Ajjawi & Boud, 2015; Dawson et al.,  
571 2019) was indicated to be a facilitative factor of motivation to improve and increase  
572 understanding (Al-Bashir et al., 2016). Convoluting phrasing was suggested as adversely  
573 impacting understanding and discussions surrounding the ability to improve can be framed  
574 around self-efficacy (Zimmerman, 2000) as an associate of motivation and cognitive deficits  
575 (Kolacinski, 2003). Our findings revealed that a more systematic feedback approach adopted  
576 by the CYS programme (the addition of colour coding and amending specific examples within  
577 written feedback) was well received by students who suggested this was more intuitive and  
578 allowed for ease of reference at a later stage. Moreover, and similar to London (2015) and King  
579 (2015), follow up discussions with the marking tutor were suggested as being important for  
580 additional understanding of feedback and places emphasis on the interpersonal skills of  
581 academics (Hone & El Said, 2016).

582

583 **Feedback formats.** While PFIQ frequencies show that written feedback was the most  
584 favoured approach across the participants, this did not necessarily equate to being perceived as  
585 the most beneficial (figure 1). Thus, our findings seem to support previous suggestions that  
586 students – if given a choice – opt for what they are accustomed to, rather than what is ideal  
587 (Jones et al., 2017). It may be that previous educational experiences, particularly a lack of  
588 autonomy, contribute to increased preference for more traditional written feedback. Subsequent  
589 discussions focused on perceived areas for development, and most notably, support was  
590 expressed for various feedback type exemplars as part of a standardised assessment submission  
591 cover to enable more informed decisions. Indeed, this is first dependent on a range of feedback  
592 formats being made available. Divergence was also noted surrounding perceptions of audio  
593 feedback that was shown by the PFIQ frequencies to be a less favoured choice than others.  
594 Some felt that audio may enable ease of reference at later stages, whereas some referred to this

595 being time limited – too detailed information in a short amount of time (software determined).  
596 This again shows key differences in student feedback preferences and highlights the  
597 importance of choice being embedded within Higher Education course provision to meet a  
598 range of needs and approaches.

599

## 600 **Limitations and Future Direction**

601 The results of this study are not without limitation. First, we acknowledge the inherent  
602 methodological limitations surrounding subjectivity associated with qualitative based research,  
603 in addition to a restricted demographic and perspectives that represent a single undergraduate  
604 course at one Higher Education Institution within the UK. Similarly, the participating students  
605 are accustomed to selecting preferred feedback, and thus, it would be of interest to see if  
606 convergence of perspective is found in research with students that currently obtain feedback in  
607 more traditional formats and are not afforded format options.

608 We are mindful that data was collected in the academic year (2019-20) and still within  
609 the adjusting period with regards to anonymous marking which was implemented in the  
610 Autumn semester (2019). Thus, student perceptions may – to a degree – reflect more state-  
611 based judgements that arguably require further experience of this approach to allow for more  
612 informed verdicts.

613 Further to this, while the Perceptions of Feedback and Impact Questionnaire was  
614 created and implemented to support ‘soft’ methodological triangulation, it would benefit from  
615 validation and psychometric testing to ensure that this is a reliable measure of judgements of  
616 feedback approaches. This would require amendment to reflect a purely Likert-based measure  
617 that maintains the current scoring (1 = completely disagree; 5 = completely agree) of 8-items  
618 in accordance with factor analysis criteria e.g.  $\geq .512$  for  $N \geq 100$  (Stevens, 1992, as cited in  
619 Field, 2009).

620 At the university, Digital Badges (DBs) have become an integral part of our Massive  
621 Open Online Courses (MOOCs) as part of our online provision, with an initial observed  
622 statistical increase in engagement (REF removed to maintain anonymity). These have been  
623 adopted to a degree for purposes of staff training and skills auditing. However, DBs could be  
624 more widely implemented to showcase student engagement and accomplishment with potential  
625 feedback related tasks (that require a degree of evidence) to support student interaction and

626 engagement, that could ultimately contribute to academic development. This is perhaps an  
627 awardable formative measure of student comprehension of academic assessment feedback. To  
628 make these more meaningful, DBs might be separated into levels to represent continuous  
629 development throughout an undergraduate course e.g. critical evaluation level 4, level 5 and  
630 level 6 (potentially level 7 if continuing to postgraduate). This may allow students to obtain  
631 greater acknowledgement of a wider range of achievements and skills (Graduate Attributes)  
632 and enhance employability prospects.

633 Finally, at the time of writing, we are in unprecedented times surrounding the  
634 challenges faced by the Covid-19 pandemic, and in an academic context, places increased  
635 emphasis on the quality and of feedback provision when face-to-face discussions may not be  
636 possible. This would be of interest for additional research, as would exploration of online  
637 provision during unprecedented times from the perspective of students who had elected for  
638 face-to-face teaching and how this impacts feedback provision. Moreover, it would be of  
639 benefit to obtain academic perspective surrounding feedback to determine the extent to which  
640 this either converges or diverges with student feedback.

641

## 642 **Conclusions**

643 This paper has presented course specific feedback regarding the range and impact of  
644 feedback choice and preference. We have found that students value autonomy in the feedback  
645 process and feel more academically engaged and motivated due to increased personalisation,  
646 and diverge in how, and particularly when they engage with this feedback – sometimes post  
647 the assessment period. Crucially, our findings show that choice – although not statistically  
648 shown – may be associated with whether students initially engage with the feedback they  
649 receive at a lower level (reading) regardless of its quality, and suggest that self-selected format  
650 could be more widely adopted across programmes and institutions to meet a diverse range of  
651 needs and educational approaches. Moreover, the clarity of feedback appears essential, and our  
652 research found support for an implemented feedback method that utilises colour coding and  
653 amended examples to increase ease of understanding and reference. Finally, and based on  
654 research findings, we consider whether solutions such as Digital Badges could be embraced as  
655 a measurable acknowledgement of student interaction with feedback relating to core academic  
656 skills and Graduate Attributes.

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